MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	**3**	**4**	**5**	**6**
Closed for Holiday	Fajita Chicken Spanish Rice Black Beans Flour Tortilla Taco Sauce Sour Cream	Glazed Ham Sweet Potatoes Green Beans Cornbread Oreo Cookies	Sloppy Joe Hashbrown Cass Parslied Carrots Hamburger Bun Fresh Fruit ALT: Veg Sloppy Joe	Dill Chicken Salad Pasta Salad Broccoli Salad Saltine Crackers Fresh Banana ALT: Hummus
9	**10**	**11**	**12**	**13**
Marsala Chicken Rotini Pasta Green Beans Wheat Bread Sugar Cookies	BBQ Pulled Pork Hawaiian Beans Tater Gems Hamburger Bun Fresh Banana Ketchup	Beef Spaghetti Garden Veggies Tossed Salad Dinner Roll Hot Peaches Ranch Dressing	Oven Fried Chicken Whipped Potatoes Lima Beans Wheat Bread Lime Gelatin Diet: SF Gelatin	Red Beans & Rice Collard Greens Corn Cornbread Fresh Fruit Vinegar
16	**17**	**18**	**19**	**20**
Chicken Cordon Bleu Garlic Whip Potatoes Carrots Dinner Roll Choc Ch Cookie	Hamburger Patty Baked Pinto Beans Potato Wedges Hamburger Bun Fresh Fruit Ketchup/Mus/Mayo	Chicken & Rice Corn Green Beans Saltine Crackers Orange Gelatin Diet: SF Gelatin	BBQ Pork Riblet Macaroni & Cheese Broccoli Dinner Roll Nutty Buddy Bar	Pimento Cheese Tossed Salad Blackeye Pea Salad Wheat Bread (2) Fresh Banana
23	**24**	**25**	**26**	**27**
Pasta w/Meat Sauce Country Corn Green Beans Wheat Bread Sugar Cookie	Chicken Supreme Whipped Potatoes Broccoli Fresh Fruit	Saus/Onion/Pepr Baked Navy Beans Coleslaw Hot Dog Bun Hot Applesauce Ketchup/Mustard	Chicken Breast Lettuce & Tomato Potato Wedges Hamburger Bun Hot Pineapple Tidbits Ketchup/Must/Mayo	Meatloaf w/Gravy Mixed Beans Cabbage Cornbread Oreo Cookies
30				
Swedish Meatballs Whipped Potatoes California Veggies Dinner Roll Oatmeal Cookie	Most meals served with Margarine **8 oz Milk Daily** *8 oz Chocolate Milk			

TRIO Community Meals